

BLACK BELT SUMMER CAMP

THIS SUMMER, YOUR KIDS COULD KICK BACK... OR, THEY COULD BE KICKING UP A STORM!



ATTENTION: ELEMENTARY + MIDDLE SCHOOL PARENTS!

DO YOU NEED A SAFE, CONSTRUCTIVE, + FUN ENVIRONMENT FOR YOUR CHILD THIS SUMMER?

Our summer camp is a fun-filled week full of dynamic martial arts, Nerf battles, and valuable life skills. This year, our theme is "Five Black Belt Traits". Each day, we will train a different aspect of being a black belt, including **super strong kicks, black belt listening, goal setting, and perseverance!** At the end of the week, we will showcase all the skills we have learned in our closing ceremony with an exciting board break!

Some of the life skills that we are focusing on this year are:

- Self-Control**
- Self-Regulation**
- Goal Setting**
- Empathy**
- Self-Discipline**
- And more!**

Our children always love the camps. They aren't just teaching martial arts, they are teaching kids how to succeed in life!
-Brett Allen, father ★★★★★

My daughter looks forward to karate camp every year! The atmosphere is always positive and exciting!
-Susannah Rowles, parent ★★★★★

Three weeks available:

July 15th – 19th

August 5th – 9th

**August 26th – 30th

206-280-9508

contact@familyblackbeltacademy.com

\$450 for members, \$500 for non-members with sibling discount of \$350

Hours: 8:30 am – 2:30 pm

\$100 non-refundable deposit required to secure your spot!